



Salford & Trafford Offers

Early Break Salford and Trafford offers a range of substance use support to both Young People (U21) and Families

Advocacy - Advocacy support offer offers one-to-one support, education, advice, and harm reduction interventions. They also have access to prescribing doctors, holistic therapies, and sexual health services.

Holding Families - This is our core whole-family support programme for families where a parent or carer is using drugs or alcohol. It includes one-to-one sessions, family meetings, and group support, helping families rebuild trust, safety and communication.

Holding Families+ - This enhanced service is for families affected by parental substance use combined with involvement in the criminal justice system. We work with parents on community orders or in prison, like HMP Styal, and provide support before and after release.



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